

TRANSPERSONAL LEADERSHIP COACHING PROGRAMME - PATHWAY OPTIONS

	CPD	AACT	ACCT
Award	Continuing Professional Development Certificate of Attendance	Association for Coaching Accredited Award in Coach Training	Association for Coaching Accredited Certificate in Coach Training
Summary	<p>This is a professional development programme. There is no requirement to complete all 3 modules.</p> <p style="text-align: center;">Module 1 can be attended on its own.</p> <p>If progressing further, modules must be attended sequentially but do not have to be taken in the same year.</p>	<p>This is a professional development programme in which all 3 modules need to be completed sequentially.</p> <p>There is a small amount of outside self-study & coaching practice.</p> <p style="text-align: center;">No written work required</p>	<p>This is a certificated programme in which all 3 modules need to be completed sequentially.</p> <p>Coaching practice, reflective group discussion, triad work groups & buddy coaching are included within the programme, as well as faculty observation and feedback.</p> <p>An additional amount of self-study, plus separate coaching practice is required, arranged by participants themselves.</p>
Total programme hours	16 - 48 hours	73 hours	120 hours
Class-based training hours	16 hours per module	48 hours	48 hours
Coaching practice hours	2 - 3 hours included in each module	2 - 3 hours included in each module	2 - 3 hours included in each module
		10 hours minimum coaching own clients (existing or new) Individual, team & group coaching all qualify	12 hours buddy & triad groups
			30 hours minimum coaching own clients (existing or new). Individual, team & group coaching all qualify
Self-study & output requirements		15 hours	30 hours
		Reading	Reading
		Reflective & coaching log	Reflective & coaching log
			Written case study or Reflective essay paper